

Who's your Clinical Audit hero?

 **#AuditHero**



  **#CAAW**

www.hqip.org.uk

Nomination form



Reveal your #AuditHero and tell us what they do

We nominate **Dr Andrew McWilliams** who is a specialist registrar in Child and Adolescent Psychiatry.

He is especially interested in the overlap between physical and mental health, and led on carrying out an audit of children and young people with non-epileptic seizures at Great Ormond Street Hospital (GOSH).

Why are they an audit hero?

Non-epileptic seizures are seizures that look just like epilepsy but are not caused by abnormal electrical activity in the brain. They can be very confusing and upsetting condition for children, families, and their doctors. Children who have seen many specialists for this condition are often eventually referred to GOSH.

Andy carried out an ambitious audit of these patients at GOSH by following as many as possible, and inviting them to join a focus group to discuss their often frustrating experiences.

As a result of this audit we have been able to understand these families much better, their care trajectory, improve our services here at GOSH and also disseminate improved practice throughout the NHS.

Key outputs of the audit have been:

- A specialist [Master Class](#) on non-epileptic seizures delivered to national colleagues in March 2016.
- A [new webpage](#) on the GOSH website.
- A new [information leaflet](#) for children, young people and their families which was developed in conjunction with the focus group.
- On-going research and development of improved care-pathways for this population.
- 2 published papers of the findings:
 - **McWilliams, A.**, Reilly, C., McFarlane, F. A., Booker, E., & Heyman, I. (2016). Nonepileptic seizures in the pediatric population: A qualitative study of patient and family experiences. *EPILEPSY & BEHAVIOR*, 59, 128-136.
 - Reilly, C., **McWilliams, A.**, & Heyman, I. (2015). What's in a name? 'Psychogenic' non-epileptic events in children and adolescents. *Dev Med Child Neurol*, 57 (1), 100-101.

Name and email address of nominator(s)

Dr Robert Robinson (Paediatric Neurologist) and Dr Isobel Heyman (Neuropsychiatrist)